

Baby feeding



NCT position statement

The NCT aims for all parents to feel confident and supported in their decisions about how they feed their baby, whether their baby is breastfed or formula fed. All parents need access to practical, evidenced-based information, independent of commercial interests, to help them decide how to feed their baby. Until breastfeeding is well established, new mothers need individualised help from a trained health worker and to know that there is always someone to turn to support.

Public services, businesses and leisure facilities should be welcoming to parents with young children and provide facilities where babies can be fed and changed in comfort. Baby feeding rooms should be clean and accessible, with comfortable seating, drinking water, a place to breastfeed in private in case this is what a mother prefers, and facilities to make up formula milk safely.

Parents need to be able to feed their baby when they are hungry or need soothing. We support the legislation in Scotland, which gives breastfeeding mothers the right to feed their baby in public places and would like to see this extended to the other countries of the UK. It is important that parents feel supported when feeding outside the home, whether they breastfeed or bottle feed.

For further press information, please contact NCT Press Office on 020 8752 2404 or email: press@nct.org.uk

The NCT (formerly the National Childbirth Trust) is the UK's leading charity on pregnancy, birth and early parenthood. Every year the charity supports thousands of parents through an incredible life-changing experience, offering relevant information and mutual support through our network of over 300 local branches, UK wide helplines, antenatal and early days courses, breastfeeding counselling and peer support schemes.

Operating for over 50 years, the NCT is recognised as the voice of pregnant women and new parents throughout the UK. The charity works continuously for improvements to maternity care and better services and facilities for new parents. We are viewed by many as independent experts in matters relating to pregnancy, birth and early parenthood and are an influential and trusted advisor to UK governments, royal colleges, private sector bodies and other charities.

For more information visit www.nct.org.uk or call the NCT Enquiries line at 0300 33 00 770.

NCT
Alexandra House, Oldham Terrace,
London W3 6NH

National Childbirth Trust is a registered charity (801395)

© NCT 2008

NCT Pregnancy & Birth Line
0300 33 00 771
NCT Breastfeeding Line
0300 33 00 772
Find support near you
www.nct.org.uk