



Brockley and New Cross NCT Branch Activity List

Last Updated 11 July 08

KEY: (F) = free (£) = charge, usually indicated

	Everyday	Monday	Tuesday	Wednesday	Thursday	Friday
9am	<p>9.30 - 3.30 Friendly Gardens Playclub (F)</p> <p>9.30 - 3.30 Telegraph Hill Playclub (F)</p> <p>Peckham Pulse Soft Play (hourly sessions, £, call to check details)</p> <p>Baby Swimming - available at Peckham Pulse, Wavelengths, Downham & Dulwich Pools, check with individual centres for classes</p>	<p>9-11.30 Toy Library Stay and Play, (0-5yrs) Quaggy Children's Centre (£2 join fee plus 20p-£1 loan fee)</p> <p>9.30-11 Stay and Play, Children's Centre Shop Evelyn Street (F term time only)</p> <p>9.30 Parent and Toddler Group, Sector J, Frensbury Road</p>	<p>9.30-11.30 Baby Club, Quaggy Children's Centre (F)</p> <p>9.30-11 Stay and Play, Hatcham Oak Children's Centre (F term-time only)</p>	<p>9.15-10.15 Fitness for Mummies, The Scout Hut, SE23 (£5, discount block booking)</p> <p>9.30-11 Stay and Play, Evelyn Early Childhood Centre (F term time only)</p> <p>9.30-10.30 Mother & Baby Post-natal Pilates, Greenwich (£ booking required)</p>	<p>9-11.30 Stay and Play (2-5 yrs) Quaggy Children's Centre (£1)</p> <p>9.30-11.30 Baby Gym, Evelyn Early Childhood Centre (F, term time only, need to book, under 3s)</p> <p>9.30-12 Boppin' Bunnies, Telegraph Hill (£5 various classes, 0-2yrs, 18mth +)</p>	<p>9.30-12 Deptford Mission Parent and Toddler Drop-In</p> <p>9.30-12 Boppin' Bunnies, Greenwich (£5 various classes, 0-2yrs, 18mth +)</p> <p>9.25 TumbleTots, Blackheath (£6.95, various classes 0-6mths, walking - 2yrs, 2-3yrs)</p>
10am		<p>10-12 Bear Cubs, The Bear (£1 term time only, under 4s)</p> <p>10.30 Mother & Baby mornina. Dulwich All</p>	<p>10-12 Deptford Breastfeeding Group, Salvation Army Deptford (F)</p> <p>10-12 Bear Cubs, Salvation Army Deptford (£1 term time only, under</p>	<p>10.30-11.30 Buggyfit on Blackheath (£5, discount block booking)</p> <p>10.15-11.15 Fitness for Mummies, The Scout Hut, SE23</p>	<p>10.30-11.30 Music & Movement, St Andrews Centre (£2)</p> <p>10.15- 1.15 Running Mummies in Greenwich Park (first class free thereafter £5)</p>	<p>10-12pm Bear Cubs, The Bear (£1 term time only, under 4s)</p> <p>10-12pm Lewisham Toy Library (£)</p> <p>10-12 Baby Gym</p>

		Fired Up Ceramic Cafe	<p>4s)</p> <p>11-11.45 Baby Bounce at Wavelengths Library from Aug 11 (F)</p> <p>10-11.30 Parent & Toddler Group, St Cyprian's Hall, Brockley</p> <p>10-12 St Andrew's Community Toy Library, St Andrew's Church Hall</p> <p>10.30 Powerpramming in Ladywell (£)</p> <p>10-11 Running Mummies in Greenwich Park (first class free thereafter £5)</p> <p>10.15-11 TippeeToes St Hilda's Church Brockley (£ 12months - 2 years)</p>	<p>(£5, discount block booking)</p> <p>10-12 Parent and Toddler Group, St Johns Church</p> <p>10-12 Drop In (under 5s) St Andrews Centre (£1.50 term time only)</p> <p>10 - 12pm Lewisham Toy Library (£ member)</p> <p>10.15-10.55 TippeeToes, Crofton Park (£ 3-12 months)</p> <p>10 onwards Sing and Sign, Blackheath & Greenwich (£ booking required)</p> <p>10.30 Pushy Mothers, post-natal fitness at Manor House Gardens (£5)</p> <p>10.45-11.45 Mother & Baby Post-natal Pilates, Greenwich (£ booking required)</p>	<p>10-12 Parent and Toddler Group, St Johns Church</p> <p>10-11 Baby Bounce and Story Time, Crofton Park Library</p>	Honor Oak Community Centre (F term time only, under 3s)
11am			<p>11-12 Music & Movement, St Andrews Centre (£2)</p> <p>11-11.45 Rhymes and Stories. New Cross</p>	<p>11 Big Scream at Greenwich Picture House (£5 membership per year plus cost of film - under 1s)</p>	<p>11.15-11.45 Baby Bounce, Lewisham Library (F)</p>	<p>11 Big Scream at Greenwich Picture House (£5 membership per year plus cost of film - under 1s)</p>

			<p>Library (F)</p> <p>11 Newbies Cinema at Odeon Surey Quays (£6.50 check for baby screenings)</p> <p>11-12 Children's Centre Midwife Aqua Natal Classes, Wavelengths Leisure Centre (call Nancy 07796 693734)</p> <p>11-11.30 Baby Bounce and Rhyme, Wavelengths Library (F)</p>			11 Baby Bounce, Crofton Park Library
12pm		12.30 Powerpramming in Peckham Rye (first class free £5 thereafter)			12-1pm Music & Movement, St Andrews Centre (£2)	<p>12.30-2.30 Breastfeeding Group, Quaggy Children's Centre (F, lunch included)</p> <p>12-5 Baby Club (sometimes with talks), The Plough (F)</p>
1pm		<p>1-3pm Lewisham Toy Library (£20 per year)</p> <p>1-3pm Monson Parent & Under 5s Drop-In (F)</p>	<p>1-2.30pm Little Quaggy Stay and Play, Quaggy Children's Centre (F under 2s)</p> <p>1-3 Mango & Spice Parent and Toddler Session, 2000 Community Action Centre (term time only)</p>		<p>1.30-3pm The Baby Bunch, Children's Centre St Norbert Road (0-18 months) with support and advice from health visitors (F)</p> <p>1-3 Bear Cubs, Salvation Army, Deptford (£1 term time only, under 4s)</p>	1.30-3.30 St Peter's Parent and Toddler Group, Brockley
2pm	2-6pm Mudlarks Soft Play, Museum in Docklands (£5 per year.	2-3 Toddler Music Class, Telegraph Hill Centre (50p)	2.45 - 3.15 Baby Music (under 2s) Quaggy Children's Centre (£1)	2-3 Mother & Baby Post-natal Pilates, Greenwich (£ booking)	2.15pm Baby Bounce & Rhyme, Lewisham Library (F)	2-2.30 Story Time, Wavelengths Library

	term time, from 11am holidays, under 5s)		2.30-4 Boppin' Bunnies , Greenwich (£5 various classes, 0-2yrs, 18mth+, 3-5yrs)	required)		
3pm			3.30 - 4.30 Music Makers Toddlers , (3-5 yrs) Quaggy Children's Centre (£1)		3-4.30pm Toy Library Stay and Play (0-5yrs) Quaggy Children's Centre (£ £2 join fee plus 20p-£1 loan fee)	3-3.45 Dance Drop-In , Greenwich Dance Agency (£3.80, £2.80 concession, 0-2yrs, term time only)

CONTACT DETAILS FOR ACTIVITIES

Name	Address / Location	Website / E-mail	Telephone
Bear Cubs	The Bear, 154 Deptford High Street, SE8 3PQ The Salvation Army, Mary Ann Gardens (behind St Paul's Church, off Deptford High St), Deptford, SE8 3DP		020 8691 2085
Boppin Bunnies'	Greenwich: St Mark's Community Centre, Greenwich South Street, SE10 8TY Telegraph Hill: The Telegraph Hill Centre (next to St Catharine's Church) Kitto Road, New Cross, SE14 5TY	http://www.boppinbunnies.co.uk/ info@boppinbunnies.co.uk	020 8355 0542 07855 976496
Buggyfit - strengthen core and tone legs, bums and tums	Meet outside All Saint's Church, Blackheath	lisafrearson@hotmail.com	Lisa Davies - 07703484479
Crofton Park Library	375 Brockley Road, Brockley, SE4 2AG	http://www.lewisham.gov.uk/LeisureAndCulture/Libraries/OurServices/WhoWeAre/CroftonParkLibrary.htm croftonparklibrary@lewisham.gov.uk	020 8692 1683
Deptford Breastfeeding	Salvation Army, Mary Ann Gardens		020 8691 2713

Group	(behind St Paul's Church, off Deptford High St), Deptford, SE8 3DP		
Deptford Mission	Deptford Methodist Church, 1 Creek Road, Deptford, SE8 3BT		Melissa - 020 8692 0048
Dulwich All Fired Up Ceramics Cafe	34 East Dulwich Road, SE22 9AX	dulwich@allfiredupceramics.co.uk	020 7732 6688
Evelyn Early Childhood Centre	231 Grove Street, Deptford, SE8 3PZ		020 869 11064
Fitness for Mummies - for mums who wish to exercise and socialise with their babies (6 weeks - crawling)	The Scout Hut behind St Saviour's Church, Herschell Road, SE23	Vick_b@hotmail.com Please check for availability before your first class.	Vicky Brown - 0771 2051208
Friendly Gardens Playclub	Lucas Street, Deptford SE8 4QH	http://www.lewisham.gov.uk/HealthAndSocialCare/ChildrenAndFamilyCare/Childcare/Playclubs.htm	020 8691 4704
Greenwich Dance Agency	The Borough Hall, Royal Hill, SE10 8RE.	http://www.greenwichdance.org.uk/info@greenwichdance.org.uk	020 8293 9741
Greenwich Picture House	180 Greenwich High Road Greenwich SE10 8NN	http://www.picturehouses.co.uk/cinema_home_date.aspx?venueId=gnw greenwich@picturehouses.co.uk	0871 704 2059
Hatcham Oak Children's Centre	St Norbert Road, Brockley, SE4 2HL		020 7740 9820
Lewisham Library	199-201 Lewisham High Street, London SE13 6LG	http://www.lewisham.gov.uk/LeisureAndCulture/Libraries/OurServices/WhoWeAre/LewishamLibrary.htm lewishamlibrary@lewisham.gov.uk	020 8314 9800
Lewisham Toy Library	The Old Coach House (Rosenthal Road) 41 Rushey Green, Catford, London SE6 4AS	http://www.lewishamtoylibrary.org.uk/	020 8698 7433

Mango & Spice	2000 Community Action Centre, 199 Grove Street, Deptford, SE8 3PG		
Monson Primary School	Hunsdon Road London SE14 5RD	http://www.monson.lewisham.sch.uk/ info@monson.lewisham.sch.uk	Susan - 07757 839681 / 020 8694 2571
Mudlarks at Museum in Docklands	Museum in Docklands West India Quay Canary Wharf London E14 4AL (DLR West India Quay)	http://www.museumindocklands.org.uk info@museumindocklands.org.uk	0870 444 3851
New Cross Library	283-285 New Cross Road, SE14 6AS	http://www.lewisham.gov.uk/LeisureAndCulture/Libraries/OurServices/WhoWeAre/NewCrossLibrary.htm newcrosslibrary@lewisham.gov.uk	020 8694 2534
Odeon Surry Quays	Surrey Quays Leisure Park, Redriff Road, Surrey Quays, SE16 7LL	http://www.odeon.co.uk/fanatic/cinema_information/s18/	Film Line - 0871 22 44 007
Peckham Pulse	10 Melon Road, Peckham, London SE15 5QN	http://www.fusion-lifestyle.com/CentreDetails.asp?cat=8	020 7525 4999
Post-natal Pilates	60 Ashburnham Grove, Greenwich Classes of up to 6 mums and babies, please book in advance.	http://www.greenwichpilates.co.uk/	Ellie Brown - 07958 225598
Powerpramming	PECKHAM: Meet by 1 O'clock Club LADYWELL: Meet at the public toilets, down the hill on the right handside from the Ladywell Road entrance.	http://www.powerpramming.co.uk/classes/ PECKHAM: lizstuart@powerpramming.co.uk LADYWELL: helenemaguire@googlemail.com	PECKHAM: Liz Stuart - 07976 778413 LADYWELL: Helen Maguire - 07734 263842
Pushy Mothers	Manor House Gardens, Taunton Road Lee, SE13 5SU	http://www2.lewisham.gov.uk/lbl/Events/event_detail.asp?eventid=4875	020 8318 3986
Quaaav Children's	Morden Mount School	http://areenwich.childrengovernment.org.uk/service	020 8465 9785

Centre	Lewisham Road SE13 7QZ	provider.aspx?serviceproviderid=d6421cbc-3275-4526-a1d6-cccdc68d3413	
Running Mummies	TUESDAY (Meet at Bandstand at top of Greenwich Park) contact Ellie Brown THURSDAY (Meet at Bandstand at top of Greenwich Park) contact Michelle Brooks Evans	http://greenwichpilates.co.uk/Running-Mummies.aspx	TUESDAY: Ellie Brown - 07958 225598 THURSDAY: Michelle Brooks Evans - 07956 234309
St Andrews Church	Corner of Brockley Road and Wickham Road, Brockley, SE4 2SA		020 8692 5041
St Cyprian's Hall	Braxfield Road, Brockley, SE4		
St Johns Church (Upstairs Hall)	St John's Vale, Deptford, SE8 4EA		
St Peter's Church	Wickham Road, Brockley, SE4 1LT		
Sector J	Costan Walk, Frensbury Road, Brockley, SE4		
Sing and Sign	BLACKHEATH - Mycenae House, Mycenae Road, SE3 GREENWICH - Greenwich West Community and Arts Centre	http://www.singandsign.com/franchisee_details.php?i=22,Dulwich,_Greenwich_&_surrounding_area triciacummings@singandsign.com	Tricia Cummings or Rebecca Clow - 020 8699 9029
TippeeToes		http://www.tippeetoos.co.uk/TippeeClassesForBots.html Kim@TippeeToes.co.uk	0790 361 8432
Telegraph Hill Centre	Telegraph Hill Centre Kitto Road, SE14 5TG	http://www.thehill.org.uk/centre telegraphhill@toucansurf.com	020 7639 0214
Telegraph Hill Playclub	Erlanger Road, New Cross SE14 5GJ	http://www.lewisham.gov.uk/HealthAndSocialCare/ChildrenAndFamilyCare/Childcare/Playclubs.htm	020 7639 0708
TumbleTots	Kingswood Hall, Kingswood Place, Blackheath, SE13	http://www.tumbletots.com/view-classes.php#	020 8464 4433

	(classes also run in Dulwich)	Contact request form on website	
The Plough	381 Lordship Lane, SE22 8JJ	http://www.theploughdulwich.co.uk/	0208 693 4236
Wavelengths Library	Giffin Street, Deptford, London SE8 4RJ	http://www.lewisham.gov.uk/LeisureAndCulture/Libraries/OurServices/WhoWeAre/WavelengthsLibrary.htm wavelengthslibrary@lewisham.gov.uk	020 8694 2535