



## What are the benefits of being an NCT member?

### **Becoming a member is a way of saying YES! to supporting parents**

NCT represents the needs and priorities of parents across the UK, at both government and local policy levels, to ensure continued improvements in relevant services. Your membership also helps us continue to deliver services such as our five busy helplines and to support disadvantaged parents through a range of practical outreach projects. You can find out more about our work by visiting [www.nct.org.uk/about-us](http://www.nct.org.uk/about-us)

### **NCT matters magazine**

Our nationally-recognised quarterly membership magazine packed full of informative articles from pregnancy through to early parenthood. This is supplemented with regular e-newsletters a further eight times a year.

### **Regular newsletters from your local NCT branch**

Find out about local parent and baby events and support groups in your area.

### **Meet new friends through your local NCT branch**

Wherever you live, we have a branch in your area where you can meet other parents going through the same life changes as you. Many of our members make life long friends through their local NCT branch.

### **Exclusive discounts from NCT shop**

[www.nctshop.co.uk](http://www.nctshop.co.uk) and our new eco range from [www.ecoutlet.co.uk](http://www.ecoutlet.co.uk)

### **Early entry to NCT Nearly New Sales**

The cost of kitting out your child for the first five years can run into thousands of pounds. NCT Nearly New Sales are the perfect solution – top-quality baby and children’s clothes and equipment at bargain prices.

### **Free access to the NCT House Swap Register**

[www.ncthouseswap.ning.com](http://www.ncthouseswap.ning.com) - Holidays are expensive and finding suitable baby-friendly accommodation can be a hit and miss experience. NCT House Swap Register has been running for over 20 years and enables you to swap your home with other registered members to enjoy a low cost holiday at a fraction of the cost safe in the knowledge that it will be kitted out to meet the needs of your little ones.

**Your voice, opinions, ideas and suggestions are valued and very much welcomed by NCT, so join today and help make the UK a better place for parents!**