




Children's Centre Services in Area 2

Ladywell, Crofton Park, Lewisham Central, Lee Green,
Rushey Green and Blackheath



Weekly Activities for September – December 2010







Monday	Tuesday	Wednesday	Thursday	Friday
<p>*Carer and Toddlers 9.00am – 2.00pm Ackroyd Children's Centre</p>	<p>Baby Club 9.30am – 11.30am Quaggy Children's Centre</p>	<p>Community Child Health Clinics 9.30am - 11.30am Lee Health Centre</p>	<p>* Stay and Play 9.30am – 11.30am Quaggy Children's Centre £1 per child</p>	
<p>*Toy Library and Play session 9.30am – 11.30am Quaggy Children's Centre £1 if not a member</p>	<p>*Tots Stay and Play 10.00am - 12 noon Trinity Church Hall Faversham Rd (Term time only) £1 per child</p>	<p>*Childminder Drop - In 9.30am – 11.30am Lewisham Irish Centre £2 per session</p>	<p>* Carer & Toddler Group 9.30am – 11.30am Ackroyd Children's Centre</p>	<p>*Carer and Toddler Group 9.30am-11.30am Lewisham Irish Centre £2 per session</p>
<p>*Sing and Sign 10.00am - 12 noon Manor House Children's Centre (need to book) Call 0208 144 6225 for more details</p>	<p>*Sing and Sign 10.00 - 12 noon Ladywell Children's Centre (need to book) Call 0208 144 6225 for more details</p>	<p>Lewisham Toy Library 10am - 12 noon Catford 0208 698 7433</p>	<p>Stop Smoking Drop in 10.30am-1pm Ladywell Children's Centre</p>	<p>Lifestyle Group 9.30 -11.30 Quaggy Children's Centre</p>
<p>Childminder Drop – In 10am – 12 noon Heathside & Lethbridge Family Centre</p>	<p>Community Child Health Clinics 9.30am - 11.30am (1st & 3rd week of the month) Rushey Green Group Practice</p>	<p>Parents Job Club with FREE Creche for under fives 1pm - 3pm Brockley Children's Centre (Term time only)</p>	<p>*Stay and Play For babies 6 weeks – 2 years 10am - 12 noon Manor House Children's Centre (term time only) 50p per child</p>	
<p>*Stay and Play 10am - 12 noon Manor House Children's Centre (term time only) 50p per child</p>	<p>Community Child Health Clinics 9.30am – 1.00pm Lee Health Centre</p>		<p>Time Bank Stay and Play group 10am -12 noon Ladywell Children's Centre</p>	<p>Lewisham Toy Library 10am – 12 noon Catford</p>









Children's
Centre
Services

Area 2
020 8690
3729



Weekly Activities for September – December 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lewisham Toy Library 1.00pm - 3.00pm Catford</p>	<p>* Under 5's Twins Club 10am -12 noon Brockley Children's Centre 50p per child</p>	<p>Carer and Toddler Group and Toy Library 10.00am – 4.00pm Ackroyd Children's Centre</p>	<p>*Carer and Toddler Group 9.30am -11.30am Lewisham Irish Centre £2 per session</p>	<p>*Get Crafty Arts and Crafts 11.00am – 1.00pm Heathside & Lethbridge Family Centre 50p per child</p>
<p>Baby Gym 10am -11am or 11.00am -12 noon (1st Monday of every month) Ackroyd Children's Centre £1 per family (Term time only)</p>	<p>Baby Bounce 11.30am -12 noon Singing session for under 2's Manor House Library</p>		<p>Speech and Language drop in 1.30pm - 5pm Kaleidoscope Centre for Children and Young People</p>	
<p>*Dad's Stay and Play 9.30am - 11.30am Lee Manor School (Longhurst Road entrance)</p>	<p>BCG Drop in clinic 9.30am - 11.30am Jenner Health Centre</p>	<p>* Heuristic Play Sessions 10.30am -12 noon (Last Wednesday of the month) Ladywell Children's Centre 50p per child</p>	<p>Community Child Health Clinics 1.00pm – 3.00pm Rushey Green Group Practice</p>	<p>* Carer & Toddler Group 9.00am – 2.00pm Ackroyd Community Centre</p>
	<p>Back to Work advice session 10am -12 noon (ring to make an appointment) Quaggy Children's Centre</p>		<p>Childminder Drop-in 1.00pm – 3.00pm Manor House Children's Centre (2nd Thursday of the month)</p>	<p>Breastfeeding Café 10.00am – 12 noon Jenner Health Centre</p>
<p>*Baby Gym 10.00am-11.00am or 11.00am -12 noon Brockley Children's Centre 2nd, 3rd, 4th Monday of every month(term time only) £1 per family</p>	<p>Playbus 1.30pm - 3.00pm Leybridge Court Lee Green</p>	<p>*Stay and Play 10.00am- 12noon Lee Manor School 50p Per child (term time only)</p>		<p>Children's Centre Area 2 Information Drop in (last Friday of the month) 10.00am -12 noon Ackroyd Children's Centre</p>
	<p>Community Child Health Clinics 12.30pm - 3.30pm Jenner Health Centre</p>	<p>*Baby Gym 10.00am - 11.00am or 11am -12 noon Trinity Hall, Faversham Road (term time only) £1 per family</p>	<p>* Get Crafty! Arts and Crafts 1.00pm-3.00pm Brockley Children's Centre 50p per child</p>	<p>Baby Yoga 10.00am-11.00am Ladywell Children's Centre (referral only by your health visitor)</p>

<p>Parents Job Club With FREE Creche for under fives 10.00am -12 noon Ladywell Children's Centre (Term time only)</p>	<p>Community Child Health Clinics 1.00pm – 3.00pm St John's Medical Centre</p>	<p>Toddler Yoga 10.00am - 12 noon Coming soon! Venue to be confirmed (by referral only by your health visitor)</p>	<p>Toy Library 1.00pm - 2.30pm Heathside and Lethbridge (term time only)</p> 	
<p>*Baby Gym 1.30pm - 2.30pm Lee Manor School £1 per family (Term time only)</p>	<p>Childminder Drop In 1.00pm – 3.00pm Ladywell Children's Centre</p>	<p>Playbus 1.30pm – 3.00pm Sparta Street Heathside and Lethbridge</p> 		<p>Breastfeeding support group 12.30pm - 2.30pm Quaggy Children's Centre</p>
	<p>Baby Music 2.45pm - 3.15pm Quaggy Children's Centre (term time only)</p>		<p>Back to Work and Benefits Advice 2.00pm – 5.00pm Ladywell Children's Centre (ring to book appointment)</p>	
<p>Bumps and Babes 1.00pm - 3pm Quaggy Children's centre</p>	<p>Music Makers for toddlers 3.30pm - 4.30pm Quaggy Children's Centre (term time only)</p>			

Addresses of the centres where the activities take place

<p>Ackroyd Children's Centre Ackroyd Road SE23 1DL 0208 291 4933</p>	<p>Brockley Children's Centre Dalrymple Road SE4 2BT 0208 691 4902</p>	<p>Heathside & Lethbridge Family Centre 31 Melville House Sparta Street SE10 8DP 0208 320 0750</p>	<p>Jenner Health Centre 202 Stanstead Road Forest Hill SE23 1HU 0207 771 4220</p>	<p>Kaleidoscope Centre for Children and young people 32 Rushey Green SE6 4JF 0207 138 1464</p>
<p>Ladywell Children's Centre 30 Rushey Mead Brockley SE4 1JJ 0208 690 3729</p>	<p>Lee Health Centre 2 Handen Road Lee SE12 8NP 0203 049 2112</p>	<p>Lee Manor School (Entrance in Longhurst Road) Lee SE12</p>	<p>Lewisham Irish Centre 2a Davenport Road Catford SE6 1SU</p>	<p>Lewisham Toy Library The Old Coach House Rosenthal Road Catford SE6 4AS 0208 698 7433</p>
<p>Manor House Children's Centre Manor House Library Old Road SE13 5SY 0208 463 9938</p>	<p>Rushey Green Children's Centre 41 Rushey Green Catford SE6 4SS 0208 461 9000</p>	<p>Quaggy Children's Centre Orchard Hill Lewisham SE13 7QZ 0208 465 9785</p>	<p>Rushey Green Group Practice Hawkstead Road Catford SE6 4JH 0207 138 1708</p>	<p>Trinity Church Hall Faversham Road Catford SE6 4XE</p>

St John's Medical Centre
 56-60 Loampit Hill
 Lewisham
 SE13 7SX

Key: * There is a fee to attend this activity – please ask for details

All other activities are free to attend

For more information about family activities on offer in the area, please contact **0208 690 3729**

Please note: This leaflet will be regularly updated as new groups start

