



# Children's Centre Services in Area 3

Whitefoot, Downham, Catford South and Grove Park



## Weekly Morning Activities for July-September 2010

# SureStart

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Baby Gym (0-3 yrs)</b> <b>9.30-11.30</b> Grove Park Under 5s Centre 020 8314 8114 <b>Term Time Only</b> *£	<b>Meet and play (0-5yrs)</b> <b>9.30-11.30</b> Grove Park Under 5s centre 020 8314 8114	<b>Creative Play (0-5yrs)</b> <b>9.30-11.30</b> Grove Park Under 5s Centre 020 8314 8114	<b>Meet &amp; Play (0-5 yrs)</b> <b>9.30-11.30</b> Grove Park Under 5s Centre 020 8314 8114	<b>Meet &amp; Play (0-5yrs)</b> <b>9.30-11.30</b> Grove Park Under 5s Centre 020 8314 8114
<b>Meet &amp; Play (0-5 yrs)</b> <b>9.30-11.30</b> Forster Park Under 5s Centre 020 8461 4207	<b>Toy Library Stay &amp; Play (0-5 yrs)</b> <b>9.30-11.30</b> Forster Park Under 5s Centre 020 8290 6814 *£	<b>Meet &amp; Play (0-5 yrs)</b> <b>9.30-11.30</b> Forster Park Under 5s Centre 020 8461 4207	<b>Meet &amp; Play (0-5 yrs)</b> <b>9.30-11.30</b> Forster Park Under 5s Centre 020 8461 4207	<b>Meet &amp; Play (0-5 yrs)</b> <b>9.30-11.30</b> Forster Park Under 5s Centre 020 8461 4207
<b>Bouncy Beats (2-5years)</b> <b>10.00-11.00</b> Limelight 020 8698 3800 *£	<b>Song/Rhymes (0-5 yrs)</b> <b>9.30-10.15</b> <b>10.30-11.15</b> Limelight 020 8698 3800 *£	<b>Little Caterpillars (0-5 yrs)</b> <b>9.30-11.30</b> Limelight 020 8698 3800 *£	<b>Let's Get Crafty (0-5 yrs)</b> <b>9.30-10.30</b> Limelight 020 8698 3800 *£	<b>Bubble Music (0-5 yrs)</b> <b>9.30-10.15am</b> Limelight 020 8698 3800 *£
<b>Sprouts Pre-Walkers (0-1 yr)</b> <b>10.00-12.00</b> Limelight 020 8698 3800 *£	<b>Ladybirds (1-2 yrs)</b> <b>10.00-11.30</b> Limelight 020 8698 3800 *£		<b>Sprouts Pre-Walkers (0-1 yr)</b> <b>11.00-1.00</b> Limelight 020 8698 3800 *£	
<b>Bunbury Child-minder Drop-In 9.30-11.30</b> Goldsmith Community Centre 020 8695 6697 <b>Term time only</b> *£		<b>Children's Centre Area 3 Childminder Drop-In 9.30 -11.30</b> The Place 07841 733 688 <b>Term time only</b> *£	<b>Community Clinic 9.30-2.00</b> Downham Health and Leisure Centre 020 3049 1800	<b>Playdays Parent &amp; Toddler Group (0-5 yrs) 10.15-12.15</b> Churchdown Christian Centre 020 8698 4987 <b>Term time only</b> *£

Children's Centre Services




Area 3  
020 8314 8114



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Speech &amp; Language &amp; Dietitian Drop-In</b>  <b>9.30-12.00</b>  <b>19 July 2010</b>            Marvels Lane Children's Centre            020 7138 1388            07500 050 753</p>	<p><b>Children's Centre Area 3 Childminder Drop In</b>  <b>9.30-11.30</b>            Donderry Children's Centre            07841 733 688            *£  <b>Last session: 13/07/10</b>  <b>Re-opens: 14/0910</b></p>	<p><b>Breastfeeding Café</b>  <b>10.00-12.00</b>  <b>3<sup>rd</sup> Wednesday of each month</b>  <b>21/07, 18/08, 15/09</b>            Marvels Lane Children's Centre            020 3049 1800</p>	<p><b>Relate (Relationship Counselling)</b>  <b>9.00-1.00</b>            Marvels Lane Children's Centre            Telephone            020 8860 1050            For an appointment</p>	
<p><b>Childminder Drop-In</b>  <b>1.00-3.00</b>            Ringway Centre            020 8695 6697  <b>Term time only</b>            *£</p>	<p><b>Relate (Relationship Counselling)</b>  <b>9.00-1.00</b>            Donderry Children's Centre            Telephone            020 8314 9089            For an appointment</p>	<p><b>Toy Library Stay &amp; Play (0-5 yrs)</b>  <b>9.00-11.00</b>            Donderry Children's Centre            020 8290 6814            07854 857 773            *£</p>	<p><b>First Steps (0-5 yrs)</b>  <b>10.00-12.00</b>            Wesley Halls            020 8698 1464  <b>Term time only</b>            *£</p>	
<p><b>Story / Song Time</b>  <b>10.00-11.00</b>            Grove Park Library            020 8857 5794</p>	<p><b>Play Bus (0-5 yrs)</b>  <b>9.30-12.00</b>            Reigate Road or Shroffold Road (Alternate Weeks)            07525 910 926</p>	<p><b>Parent Job Club</b>  <b>10.00-12.00</b>            Downham Library IT Suite            07725 143 076</p>	<p><b>Twinkles Parents and Toddlers (0-4yrs)</b>  <b>10.00-11.30</b>            St Augustine Church            07785 262 877  <b>Term time only</b>            *£</p>	<p><b>Munchkins Parents &amp; Toddler (0-4yrs)</b>  <b>10.00-11.30</b>            Burnt Ash Methodist Church            020 8857 9910  <b>Term time only</b>            *£</p>
<p><b>Parent &amp; Toddler Group</b>  <b>9.00-11.30</b>            Holy Cross Hartley Hall            020 8695 0906  <b>Term time only</b>            *£</p>		<p><b>Storytime Session (0-5 yrs)</b>  <b>10.00-10.30</b>            Downham Library            020 3049 1980</p>	<p><b>Toy Time</b>  <b>10.30-12.30</b>            Whitefoot Lane Christian Centre            020 8461 3539  <b>Term time only</b>            *£</p>	<p><b>Sunbeam Tots</b>  <b>9.30-11.30</b>            St Laurence Church            020 8698 9706  <b>Term time only</b>            *£</p>
<p><b>ICT Drop-in for Parents/Carers &amp; Children under 5</b>  <b>10.30-12.30</b>            Downham Health and Leisure Centre            020 3049 2002  <b>Term time only</b></p>	<p><b>Toy Box</b>  <b>9.45-11.30</b>            Downham Way Family Church            020 8697 1148  <b>Term time only</b>            *£</p>	<p><b>Cartoon Club (0-5 yrs)</b>  <b>10.30-11.00</b>            Downham Library            020 3049 1980</p>	<p><b>Launcelot Toy Library (0-5yrs)</b>  <b>9.15-11.00</b>            Launcelot School            020 8697 2304  <b>Term time only</b>            *£</p>	<p><b>Baby Bounce (0-18 mths)</b>  <b>10.00-10.30</b>            Torridon Library            020 8698 1590</p>
<p><b>Toy Library Stay &amp; Play (0-5 yrs)</b>  <b>9.30-11.30</b>            Downham Health &amp; Leisure Centre            020 8290 6814            07854 857 773            *£</p>			<p><b>Nursery Rhymes, Story Telling &amp; Fun Activities</b>  <b>10.00-11.00</b>            Torridon Library            020 8698 1590</p>	

## Afternoons

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meet &amp; Play (0-18 mths)</b> <b>1.00-3.00</b> Grove Park Under 5s Centre 020 8857 6938	<b>Toy Library Stay &amp; Play (0-5 yrs)</b> <b>1.30-3.30</b> Grove Park Under 5s Centre 020 8290 6814 07854 857 773 *£	<b>Meet &amp; Play (0-5 yrs)</b> <b>1.00-3.00</b> Grove Park Under 5s Centre 020 8857 6938	<b>Meet &amp; Play (0-5 yrs)</b> <b>1.00-3.00</b> Grove Park Under 5s Centre 020 8857 6938	<b>Meet &amp; Play (0-5 yrs)</b> <b>1.00-3.00</b> Grove Park Under 5s Centre 020 8857 6938
<b>Meet &amp; Play (0-5 yrs)</b> <b>1.00-3.00</b> Forster Park Under 5s Centre 020 8461 4207	<b>Baby Gym (0-3 yrs)</b> <b>1.30-3.00</b> Forster Park Under 5s Centre 020 8314 8114 <b>Term time only</b> *£	<b>Meet &amp; Play (0-5 yrs)</b> <b>1.00-3.00</b> Forster Park Under 5s Centre 020 8461 4207	<b>Creative Play (0-5 yrs)</b> <b>1.00-3.00</b> Forster Park Under 5s Centre 020 8461 4207	<b>Meet &amp; Play (0-5 yrs)</b> <b>1.00-3.00</b> Forster Park Under 5s Centre 020 8461 4207
<b>Toy Library Stay &amp; Play (0-5 yrs)</b> <b>1.00-3.00</b> The Place, Beckenham Place Park 020 8290 6814 07854 857 773 *£	<b>Meet &amp; Play (0-5 yrs)</b> <b>1.00-3.00</b> The Place 020 8314 8114	<b>Community Clinic</b> <b>1.30-3.15</b> Marvels Lane Health Centre 020 7771 4301	<b>Mini Baby Gym (0-18 mths)</b> <b>1.30-3.00</b> The Place, Beckenham Place Park 020 8314 8114 <b>Term time only</b> *£	
		<b>Toy Library Stay &amp; Play (0-5 yrs)</b> <b>1.30-3.30</b> Marvels Lane Children's Centre 020 8290 6814 07854 857 773 *£	<b>Young Parents Group (under 22 yrs)</b> 1.00-3.00 Donderry Children's Centre 07545 737 420	<b>Sprouts 2 yrs)</b> <b>12.30-2.00</b> Donderry Children's Centre 020 8698 3800 *£
<b>Little Caterpillars (0-5 yrs)</b> <b>12.30-2.30</b> Limelight 020 8698 3800 *£	<b>Dad's Club</b> <b>6.30-8.00</b> Last Tuesday of the month Limelight Phone Tim on 07947 475 064 *£	<b>Mud, Mess &amp; Magic (0-5 yrs)</b> <b>1.00-2.00</b> Limelight 020 8698 3800 *£	<b>Tiny Rumble Tums Cooking &amp; Eating Session (0-5 yrs)</b> <b>1.30-3.00</b> Limelight 020 8698 3800 *£	
<b>Rumble Tums Cooking Workshop Under 11's</b> <b>3.45-5.30</b> Limelight 020 8698 3800 *£	<b>Parent &amp; Toddler (2.5-5 yrs)</b> <b>1.45-3.15</b> Marvels Lane School 020 8857 3904 <b>Term time only</b>	<b>Parent &amp; Toddler Group</b> <b>12.00-3.00</b> Holy Cross Hartley Hall 020 8695 0906 <b>Term time only</b> *£	<b>Parent &amp; Toddler (2.5-5 yrs)</b> <b>1.45-3.15</b> Marvels Lane School 020 8857 3904 <b>Term time only</b>	

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Community Clinic</b> <b>1.30-3.30</b> South Lewisham Health Centre 020 8698 8921	<b>First Steps</b> <b>(0-5 yrs)</b> <b>1.00-3.00</b> Wesley Halls 020 8698 1464 <b>Term time only</b> *£	<b>Pram Club</b> <b>1.45-3.00</b> St Johns Church Hall 020 8461 1479 *£	<b>Rugrats</b> <b>1.30-3.00</b> Good Shepherd Hall 020 8698 1449 <b>Term time only</b> *£	
		<b>Speech and Language Therapy Drop in Clinic</b> <b>1.30-4.00</b> Downham Health & Leisure Centre 020 7138 1464	<b>Baby Bounce</b> <b>(0-2 yrs)</b> <b>2.00-2.30</b> Downham Library 020 3049 1980	
		<b>Inclusive Play Session (0-5yrs)</b> <b>(For children with additional needs)</b> <b>1.00-3.00</b> <b>Until 7 July</b> Downderry Children's Centre 020 8314 8166	<b>Wriggle &amp; Rhyme</b> <b>(0-5yrs)</b> <b>1.00-1.45</b> Marvels Lane Children's Centre 020 8860 1050 <b>Term time only</b>	

Saturday				
		<b>Children's Film Club</b> <b>15.00</b> Downham Library 020 3049 1980		



Please contact Limelight Children's Centre and Family Learning Centre for a copy of their summer activity timetable, 020 8698 3800.



Duckling Adventures (Outdoor activities for Under 5s and their families) running throughout the summer (Mon 5 July, Fri 30 July, Fri 6 Aug, Thurs 26 Aug, Mon 13 Sep). Telephone 020 8314 8114 for further information and to book a place.

Addresses of the centres where the activities take place				
<p>Burnt Ash Methodist Church, Burnt Ash Hill London SE12 0QD 020 8857 6834</p>	<p>Churchdown Christian Centre 60 Churchdown Downham BR1 5PQ 020 8698 4987</p>	<p>Downderry Children's Centre, Shroffold Road Downham BR1 5QL 020 8314 9089</p>	<p>Downham Health and Leisure Centre 7-9 Moorside Road, BR1 5EP</p>	<p>Downham Library, 7-9 Moorside Road, BR1 5EP 020 3049 1980</p>
<p>Downham Way Family Church, Downham Way, 20 The Green, BR1 5LS 020 8697 1148 07761 599 868</p>	<p>Forster Park Under 5s Centre, Whitefoot Lane Park Entrance BR1 5SD 020 8461 4207</p>	<p>Good Shepherd Church Hall, Moorside Road, BR1 5EP 020 8698 1449</p>	<p>Grove Park Library, Somertrees Ave. London SE12 0BX 020 8857 5794</p>	<p>Grove Park Under 5s Centre, Somertrees Ave. London SE12 0BX 020 8857 6938</p>
<p>Holy Cross, Hartley Hall, Culverley Road, Catford SE6 2LD 020 8695 0906</p>	<p>Launcelot School, Launcelot Rd Downham BR1 5EA 020 8697 2304</p>	<p>Limelight in Goldsmith Community Centre, Castillon Road, SE6 1QD 020 8698 3800</p>	<p>Marvels Lane Children's Centre, Riddons Road, Grove Park SE12 9RA 020 8860 1050</p>	<p>Marvels Lane Health Centre, Marvels Lane, Grove Park SE12 9NP</p>
<p>Marvels Lane Primary School Riddons Road London SE12 9RA 020 8857 3904</p>	<p>Ringway Centre 268 Baring Road Grove Park SE12 0DS</p>	<p>St. Augustine Church, Baring Road, Grove Park SE12 0DU 07785 262 877</p>	<p>St Johns Church Hall Bromley Road SE6 2RP 020 8461 1479</p>	<p>St Laurence Church 37 Bromley Road Catford SE6 2TS</p>
<p>South Lewisham Health Centre, Conisborough Crescent, Catford SE6 2SP</p>	<p>Torridon Library Torrison Road Catford SE6 1RS 020 8698 1590</p>	<p>Whitefoot Lane Christian Centre, 480 Whitefoot Lane, BR1 5SF 020 8698 7945 020 8698 9706</p>	<p>Wesley Halls 2 Shroffold Road, Downham BR1 5PE 020 8698 1464</p>	

We try to ensure all information is accurate at time of print. However, we recommend you telephone to check that the group is running and if there is a charge for attending the activity.

\*£ = There may be a small fee