

Who are we?

We are the local branch of NCT.

NCT is the UK's largest parenting charity and campaign as the voice for parents on the issues they care about.

We support all parents by providing accurate, impartial information so that you can decide what's best for your family and we introduce you to a network of local parents to gain practical and emotional support and make friends.

The Dorking branch is one of several hundred across the country. We represent NCT at the local level. We have over 150 members and a committee made up of local members who volunteer their time.



Services we offer

Antenatal

- Antenatal classes for first time and second time parents
- Homebirth support
- Caesarean contact and support
- Miscarriage support

Classes are run by qualified NCT teachers and help to prepare parents with similar due dates for the birth of your child and early childhood

Postnatal

- Early days postnatal classes
- Valley cushion hire
- Breastfeeding support
- Breast pump hire
- Baby-led weaning classes

Classes are run by qualified leaders focusing on aspects of life with a new baby such as sleeping, crying, relationships, weaning and returning to work.

Concessionary rates (up to 90% discount) and payment by instalments are available – please enquire for further details. Your information is treated as confidential.

For enquiries about classes in and around Dorking contact our Parent Services Administrator on **0844 243 6916** or email **bookings4m@nct.org.uk**

Other services

Nearly New Sales

Where you can buy and sell high quality second hand maternity, baby and toddler clothes, equipment and toys including large items such as buggies etc.

Social Activities

For parents and children, such as coffee mornings/afternoons, fire station visits and much more



Become a member

- Make friends with other mums and dads in your area.
- Keep up to date with our magazines, packed with practical ideas for your family. Including the Stork bi-monthly local newsletter
- Exclusive discounts at NCT Shop, www.nctshop.co.uk
- Early entry to NCT Nearly New Sales
- Be part of our work to make society more parent friendly

NCT offers reduced membership and class fees for individuals or couples see website <http://www.nct.org.uk/courses/course-prices/reduced-price-options-0>

Volunteering

Many people don't realise that branch activities are operated by volunteers, usually parents with young children, who want to help other families. Volunteering is fun, rewarding and doesn't take more time than you're willing to give.

Volunteering for NCT is not just for women or parents – everybody is welcome. We are always looking for people keen to help give a few hours of their time to their branch, whether taking on a role or being part of a team supporting events or just helping at our events.



NCT Helplines

Pregnancy & Birth Line

0300 330 0772

9am - 8pm, Monday to Friday.

Breastfeeding Line

0300 330 0771

8am -10pm, seven days a week.

Postnatal Line

0300 330 0773

9am -1pm, Monday to Friday.

Shared Experiences Helpline

0300 330 0774

9am - 3pm, Tue, Wed & Thur.

Branch Contact Details

0844 243 6107

Option 1 Local Events & General Enquiries

Option 2 Nearly New Sales

Option 3 Newsletter and Advertising

Option 4 Membership Enquiries & Supporters/ Volunteering

Option 5 Bra fitting, Valley Cushion & Breast pump hire

Option 6 To book or enquire about an antenatal or postnatal course

Option 7 To speak to NCT Breastfeeding Counsellor

Calls to 0844 numbers are charged at the national call rate from a BT landline.

General Enquiries:

dorking_nct@yahoo.co.uk

Membership Enquiries:

Dorkingmembership@nct.org.uk

Nearly New Sale Enquiries:

DorkingNNS@nct.org.uk

Contact details for all services offered by the Dorking branch can be found on our website

<http://www.nct.org.uk/branches/dorking>

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London, W3 6NH

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Registered charity no. OSCR SC041592 (Scotland)



UK's largest parenting charity

Supporting you to become the parent you want to be

Expecting a baby?

New mum or dad?

Just moved to the area?

Contact your local NCT branch and see what we offer

0844 243 6107

<http://www.nct.org.uk/branches/dorking>

Dorking Branch