

# Antenatal Classes

## Postnatal Support

## Breastfeeding Support

## Coffee Mornings

# Nearly New Sales

Contact Leicester NCT Branch on  
tel: 0844 243 6185  
email: [nctleicester@hotmail.com](mailto:nctleicester@hotmail.com)  
We look forward to hearing from you

### **NCT Pregnancy and Birth Line**

Call 0300 330 0772 (10am-8pm, Mon-Fri)  
Talk to a qualified antenatal teacher about  
issues relating to your pregnancy or your  
baby's birth.

### **NCT Early Days Line**

Call 0300 330 0773 (11am-1pm, Mon- Fri).  
Talk to a qualified postnatal leader about the  
emotional, physical and social changes  
involved in the transition to parenthood and life  
with a new baby.

### **NCT Breastfeeding Line**

Call 0300 330 0771 (8am-10pm, Mon-Sun)  
if you would like support or advice regarding  
any questions to do with breastfeeding.



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Registered Charity No: 801395



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**Supporting you  
to become**

**the parent**

**you want  
to be**



Leicester NCT Branch  
[www.nct.org.uk/in-your-area/leicester](http://www.nct.org.uk/in-your-area/leicester)



## Who are we?

Leicester NCT Branch is an active, friendly, volunteer-run branch of the UK's largest charity for parents. We cover Leicester and its surrounding areas. We exist to make the transition into parenthood as smooth and enjoyable as possible. We offer a wide range of support, information and opportunities to meet other parents.

We want to offer you the service you most need, backed up by the national resources of the NCT. If there is something you feel we should be offering you, let us know. We offer local antenatal classes provided by qualified teachers throughout your area. Our teachers and counsellors undergo comprehensive training with the NCT, though they are not normally medically qualified. They do not offer specific medical advice. Parents are asked to take these questions to their relevant health professional.

For more information or to book:  
tel: 0844 243 6185 (option 6)  
email: [bookings6b@nct.org.uk](mailto:bookings6b@nct.org.uk)

## Being social

We try to nurture the social side of becoming a parent as much as possible. You don't need to be a member to attend any of our groups or events. We're here for you. NCT volunteers regularly host coffee meetings throughout the city. We also offer parents the opportunity to meet at a variety of different social gatherings for families. We also try to organise events for mums and dads to have some grown-up time without children.

To find out more, visit our Facebook site - NCT Leicester - or come along and meet us at any of the coffee groups, events or committee meetings.



## Nearly New Sales

The Leicester NCT Branch regularly holds Nearly New Sales that provide the perfect opportunity to find fantastic clothes, toys and equipment, in excellent condition, at a fraction of the cost. You don't need to be a member to come and buy or sell. Volunteers are always warmly welcomed and much appreciated.