



NCT North Cheshire—How Can I Join In ?

Here are the details of some of the regular events & whom to contact to take part

BUMPS & BABES

For mums to be & those with babies under 1 year old.
All Bumps and Babes groups voluntary donation £1 and first tea/coffee free.

SOUTH WARRINGTON

2nd **MONDAY** of the **MONTH** from 11am

Pizza Express, Stockton Heath

All other **MONDAYS** from 10am

Coffee au Clay, 3 West Avenue, Stockton Heath, WA4 6HT

Enquiries: Claire Brazier Kobus, northcheshirenct@yahoo.co.uk

NORTH WARRINGTON

THURSDAYS (term time only) from 10:30am—1pm

The Jungle, 12 Chetham Court, Winwick Quay, WA2 8RF

Enquiries: Kate Anderson, northcheshirenct@yahoo.co.uk or

0844 243 6221, Option 1

LYMM

FRIDAYS from 10.30am

The Coffee House, Eagle Brow, Lymm WA13 0LJ

Enquiries: northcheshirenct@yahoo.co.uk

COFFEE MORNINGS

LYMM

FRIDAYS from 10am—12.00 noon

Held in members' homes around the Lymm area, voluntary donation £1. Organiser: Liz Miller, 01925 759006 / 07725 422497, liz_miller@hotmail.co.uk

NCT NEARLY NEW SALE

10th March 2012

Join our Yahoo Group (see below) to be the first to find out about our next sale and how to sell or be a volunteer.

BREASTFEEDING COUNSELLOR

The branch has a breastfeeding counsellor who can be contacted for information and support:

Catherine W (01925 759687 / walshefamily@googlemail.com)

VALLEY CUSHION REPRESENTATIVE

The branch has a Valley Cushion representative who hires valley cushions to ease perineal pain:

Kate Anderson, 0844 243 6221, Option 5

ANTENATAL CLASSES

To find out more about booking onto our renowned antenatal classes run by NCT trained teachers:

bookings2a@nct.org.uk or 0844 243 6971

FURTHER INFORMATION

If you do nothing else, keep up to date with events (including more details about the Nearly New Sale), for **FREE** by joining the North Cheshire NCT **Yahoo Group**:

http://groups.yahoo.com/group/northcheshire_nct

Also take a look at our **website**:

<http://www.nct.org.uk/branches/north-cheshire>

And find us on **Facebook** (search for NCT North Cheshire)