

**NCT Falkirk and West Lothian Branch Catalogue  
(Last Updated April 2011)**

Title	Primary Author
Baby Matters 2 - A New Life	
BabyProof Your Marriage	
Breastfeeding your baby	
Lullababy Collection	
Pilates in Pregnancy	
Potty Training	
Rough Guide To Pregnancy	
Social Baby	
Breastfeeding - Something To Be Proud Of	
Best Baby Name Book	
Complete Book of Baby Names	
Cool Names for Babies	
Good Web Guide - Parents + CDROM	
Baby Taming	
Entertaining & Educating Young Children	
NCT - Who We Are, What We Do & Why We Do It VHS	
Lullababy Collection CD	
Lullababy Collection CD	
K.I.S.S. Pregnancy	
Pregnancy, Childbirth & The Newborn	
Gentle Birth Choices DVD	
Childbirth Massage Techniques VHS	
Baby Matters 1 - The Miracle of Birth VHS	
NCT Book of Safe Foods	
Homeopathy - The Principles & Practice of Treatment	
Practical Art of Baby Massage VHS	
Simple Yoga for Pregnancy VHS	
Y Plan	
Beyond the Blues DVD	
Getting Back VHS	
Beyond the Blues VHS	
Simple Post Natal Yoga VHS	
Baby Matters 3 - Parentcraft VHS	
NCT Complete Baby Care	
NCT Book of Crying Baby	
The A-Z of Cool Baby Names	

One Sock, Three Shoes & No Hairbrush	Abrams, Rebecca
Diabetes & Pregnancy	American Diabetes Association
Blooming Birth - How to get the Pregnancy and Birth You want	Atkins, Lucy
Guide to Breastfeeding	Avent
The Water Birth Book	Balaskas, J
New Active Birth	Balaskas, J
Secret of Happy Parents	Biddulph, Steve
Raising Boys	Biddulph, Steve
Raising Babies	Biddulph, Steve
Mothering your Nursing Toddler	Bumgarner, Norma Jane
What to Expect When You're Breastfeeding. And What if You Can't	Byam-Cook, C
The Fertility Plan - Your Guide to Conceiving a Healthy Baby	Caton, H
How to Succeed as a Working Parent	Chalke, Steve
How to Succeed as a Working Parent	Chalke, Steve
Twins & Multiple Births	Cooper, Carol
Babycalming	Deacon, C
NCT Breastfeeding for Beginners	Deacon, Caroline
Caesarean Birth - Your Questions Answered	Derrick, CD et al
Childbirth Without Fear	Dick-Read, Grantly
Baby Einstein Sampler	Disney
Fathers Feel Too	Don, Andrew
What To Expect - The First Year	Eisenberg, A
What To Expect - The First Year	Eisenberg, A
What To Expect - The First Year 2ND ED 2004	Eisenberg, A
What To Expect - The First Year	Eisenberg, A
What to Expect When You're Expecting	Eisenberg, A
Raising a Daughter	Elium, Jeanne
Aromatherapy and Massage for Mother and Baby	England, Alison
Making Babies: Stumbling into Motherhood	Enright, Anne
Adventures in Tandem Nursing	Flower, Hilary
Contented Little Baby Book of Weaning	Ford, Gina
New Contented Little Baby Book	Ford, Gina
New Contented Little Baby Book	Ford, Gina
Potty Training in One Week	Ford, Gina
Caesarean Birth in Britain [1993 ed]	Francome, dr Colin
Baby Signing	Garcia, J
Breastfeeding Handbook - A Practical Reference for Physicians, Nurses and Other Health Professionals	Goldfarb, Johanna
The Imperfectly Natural Baby & Toddler - How To Be a Green Parent in Today's Busy World JUST ARRIVED!!	Grace, JL

Help Your Baby to Sleep NCT	Hames, Penney
Help Your Baby to Sleep NCT	Hames, Penney
Toddler Tantrums NCT	Hames, Penny
Owners Workshop Manual - Baby, All sizes, all models	Haynes
Smart Woman's Guide to Staying at Home	Hill, Melissa
Secrets of the Baby Whisperer	Hogg, Tracy
Guide to Successful Potty Training	Huggies
NCT Food Facts for Pregnancy and Breastfeeding	Hume, Hannah
Best Friend's Guide to Motherhood	Iovine, Vicky
Best Friend's Guide to Pregnancy	Iovine, Vicky
Best Friend's Guide to Toddlers	Iovine, Vicky
Best Friend's Guide to Motherhood 1999 PBK	Iovine, Vicky
Best Friend's Guide to Pregnancy 2005 PBK	Iovine, Vicky
Pregnancy & Birth - A Guide for Deaf Women	Iqbal, Sabine
Baby Wisdom	Jackson, Deborah
Complete First Year Planner	Karmel, Annabel
New Complete Baby & Toddler Meal Planner	Karmel, Annabel
Happiest Baby	Karp, Dr Harvey
Baby Bliss: Your one stop guide for the first three months and beyond	Karp, Dr Harvey
Pilates for Pregnancy	King, M
Birth at Home	Kitzinger, Sheila
Birth Your Way	Kitzinger, Sheila
Breastfeeding - How to Give Your Baby the Best Start in Life	Kitzinger, Sheila
Being Born	Kitzinger, Sheila
When a Baby Dies	Kohner, N
The Womanly Art of Breastfeeding 7th Rev ed 2004	La Leche League
50,000 Baby Names from Around The World	Lansky, B
Social Toddler	Leach, P
The First Six Months: Getting Together with your Baby	Leach, Penelope
Our Water Baby	MacLean, A
Double Trouble - Twins and How To Survive Them	Mahony, E
Baby Shock!! Your Relationship Survival Guide	Martyn, E
Complete Book of Babycare 1999 ed	Metland, Daphne [ed]
The Healthy Pregnancy Cookbook: Delicious and Nutricious Recipes for the Exepctant Mother	Middleton, Jane
Morning Well - Sound Relief from the Symptoms of Morning Sickness	Morning Well
Miscarriage - Women's Experiences and Needs	Moulder, C
Effective Birth Preparation CD	Natal Hypnotherapy
Breastfeeding Tips	NCT

Edinburgh For Under 5's (2004-2006)	NCT Edinburgh
Edinburgh For Under 5's (2006-2008)	NCT Edinburgh
Edinburgh For Under 5's (2006-2008)	NCT Edinburgh
Edinburgh For Under 5's (2004-2006)	NCT Edinburgh
Happy Birth Days DVD	NCT/Davina McCall DVD
How to Protect your Child's Teeth	NHS Health Scotland
Minus 9 to 1	Oliver, Jools
Sounds Before Birth: Listen to what your baby is listening to	Pampers
The World through your Baby's Eyes	Pampers
The No-Cry Sleep Solution	Pantley, Elizabeth
The No-Cry Sleep Solution	Pantley, Elizabeth
Sibling Rivalry, Sibling Love	Parker, Jan
Sibling Rivalry, Sibling Love	Parker, Jan
Raising Happy Children	Parker, Jan
Sixty Minute Father	Parsons, Rob
A Good Enough Dad	Planer, Nigel
How NOT To Be a Perfect Mother	Purves, Libby
Baby-led Weaning	Rapley, Gill
NCT First Foods & Weaning	Ravinder Lily
NCT First Foods & Weaning	Ravinder Lily
Miscarriage - What Every Woman Needs to Know	Regan, Lesley
Your Health After Birth	Sadgrove, J
NCT Book of Breastfeeding	Smale, Mary
Working Mum's Handbook	Smillie, Carol
Working Mum's Handbook	Smillie, Carol
Blokes Guide to Pregnancy	Smith, Jon
The Bloke's Guide to Pregnancy	Smith, Jon
Diary of A Baby - What your Child Sees, Feels & Experiences	Stern, D
Conception, Pregnancy & Birth REV ED 2005	Stoppard, Dr Miriam
Conception, Pregnancy & Birth REV ED 2000	Stoppard, Dr Miriam
Your New Baby	Stoppard, Dr Miriam
The Essential Guide for First-time Parents	Stoppard, Dr Miriam
Conception, Pregnancy and Birth Rev Ed 2000	Stoppard, Dr Miriam
Expecting More Than One	TAMBA
Celtic Names	Todd, Loreto

Breastfeeding - The Essential Guide	Trotter, S
From Conception to Birth - A Life Unfolds	Tsiaris, Alexander
Baby Squad	UKTV Style
Baby Book - How to Enjoy Year One	Waddilove, Rachel
Breech Birth	Waites, Benna
NCT Potty Training	Welford, Heather
NCT Potty Training	Welford, Heather
NCT Successful Potty Training	Welford, Heather
NCT Postnatal Depression	Welford, Heather
NCT Postnatal Depression	Welford, Heather
Pregnancy: The Complete Guide to Planning and Birth	Welford, Heather
Home Birth - A Practical Guide	Wesson, N
Wipe - Survival Tactics for Parents with Attitude	Wilson, Penny
Understanding Post Natal Depression	Wise, Liz
Sound Sleep - Calming and helping your child to sleep	Woodhouse, Sarah