

**Barashada habka
caruuta loo dhal
mooda
fasalooyin
Taakulaynta
ummulsha
Taakulaynta naas
nuujinta
Qaxweysiga
subaxyada
lib cuseyb
kudhow**

La xiriir Faraca Leicester NCT
tel: 08442436185
email:nctleicester@hotmail.com
Anaga sitoos ayaan u sugaynaa

NCT khadka xaammilnimo iyo dhalada

Wicid: 0300 330 0772

(10am-8pm, Isniinta ilaa Jumcaha)

Lahadal macalin taqasus ku ah barashada habka caruuta loo dhalo, adiga mawdoocaga Xaammilnimo ama dhalitaanka cunugaaga.

NCT khadka malmaha aad horeeysid

Wicid: 0300 330 0773

(11am-1pm, Isniinta ilaa Jumcaha).

Lahadal qof ku taqasuusay oona madaxa ummulisada, wixii shacuurta ah, muuqaalka jirka iyo isbadalkaaga bulshanimada quseysa waalidnimada aad noqotey iyo nolashada cunug cusub.

NCT khatka naas nuujinta

Wicid: 0300 330 0771

(8am-10pm 7 maal mood isbuucii)

Hadaad u baahnaato taakuleyn ama talo



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Head Office: Alexandra House,
Oldham Terrace, Acton,
London W3 6NH

www.nct.org.uk

tel: 0300 330 0770

Registered Charity No: 801395



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**Taakulenteena
waa in aan**



**kaa dhigno
waalidka**



**aad rabto in
aad noqoto**

Faraca Leicester NCT
www.nct.org.uk/in-your-area/leicester



Bulsho ahaan

Anaga waxaan is ku daynaa in aan barbaarino bulshada dhankeeda kale, oo noqonaya waalidiinta, intii macquul ah. Adiga ma u baahanaysid in aad katirsantahay xubinka imaada oo kooxyadeena ah ama dhacdooyinkeena, halkaan adiga ayaan kuu joognaa. NCT dadka ugu shaqeeya iskaa wax u qabsiga, si joogto ah ayay kuu marti galineysaa marti, waxayna sameysaa fadhi qaxweeysi oo magaalda dhexdeeda ah.

Anaga xataa waxaan u fidinaa walidiinta fursad ay is kugu imadaan meelal kala duwan oo kulan bulshada loogu talagalay qoyska.

Anaga xataa waxaan is ku daynaa in aan isku soo diyaarino dhacdooyinka loogu talagalay hooyooninka iyo aabooyinka si ay ula qataan waqti dadka waa weyn, iyadoona ilma uusan jirin.

Sidii wax badan aad u ogaan leheed, soo booq bogeena facebook NCT leicester ama iska imaaw kaligaa, markaas nala kulun aniga kooxda qaxwada, dhacdooyinka ama fadhiga gudiyaasha



Maxaan anaga nahay?

Leicester NCT waa Laan wax qabad ah saaxibtinimo leh, oo laga maamulo laan oo iskaa wax u qabasho ah, mida ugu weyn UK –Ingriiska axsaan falka u bixiya waalidiinta. Waxaan ka shaqeynaa Leicester oo dhan iyo xaafadaha agagaarkeeda ku wareegsan. Anaga waxaan u joognaa in aan ka caawino qofka waalidka noqonayo iyo sidaad ugu raaxeesan karto sida ugu macquul ah. Anaga waxaan bixinaa taakulayn kala nooc ah oo, macluumaad iyo fursado aad is ku barataan waalidiinta kale. Anaga waxaan rabnaa in aan ku siino adeega aad, aad ugu baahantay, anagana waxaa na caawiyo qaranka qayraadka ee NCT.

Hadii eey jiraan wax adiga aad dareesantahay oo anaga kusiin karno, inoo soo sheeg. Anaga waxaan xaafada ka bixinaa fasalooyin barashada habka caruurta loo dhalo, waxaana noo soo diyaariyay macalimiin ku taqaqusay, oo ayna tahay xaafadihiina dhexdeeda. Macalimiinteena iyo la-taliyaash-eena waxey soo mareen tawabar oo dhameystiran lagana siyay NCT, inkastoo ayaga aysan aheen kuwo caafimaadka guud ku taqasusay. Ayaga mabixiyaan talo dawooyin oo kuu qaas ah. Waladiinta waxaa laga codsanayaa su'aala haas oo kale in ay ula tagaan qofkii u qaabilsanaa dhankaas caafimaadka, xirfadna u leh.

Wixii macluumaad ama balan kasameyso:
tel: 0844 243 6185 (dooro 6)
email: bookings6b@nct.org.uk



lib cuseyb kudhow

Faraca Leicester NCT marwalba waxay qabataa iib cuseyb kudhow ah, taa soo idin diyaarineyso fursadii larabay, sidii aad ku heli leheyd dhar, shay caruurta ku dheesho, iyo qalabooyin ay xaladooda aad u fiicantahay, qiimahana aad ay u jaban yihiin. Kuma qasbanid in aad xubin ka noqoto hadaad rabto in aad wax ka iibsatid ama aad ku iibsid.

Dad raba in ay iskaa wax u qabso ku shaqeyaan, aad ayaa loo soo dhaweynayaa, aadna waa loogu mahad celinayaa.