

Social Groups

Bumps & Babies Coffee Mornings

Come along to our weekly coffee mornings for expectant and new parents, toddlers welcome too. Every Monday, 10am to 12 noon, Holy Trinity Church Hall, Upper Brook St., Winchester

Tea Dates

Meet-ups in members' houses, in areas outside of Winchester, giving mums local to those towns and villages contact with and support from others nearby.

Working Mothers' Group

A support group for mothers in paid work. The group has a monthly social event.

Home Birth Group

An opportunity to talk with other parents who have experienced or are planning a home birth.

Girls' Nights Out

Sometimes you need a little 'me' time. Come along and meet other mums and committee members, without a nappy bag in tow. We meet quarterly at a local pub.

Support & Services

B.A.B.I.E.S. Breastfeeding Support

Every Wednesday from 9.30am to 12 noon, Lanterns Children's Centre, Bereweke Rd., Winchester.

Egnell Pump Hire

We have 3 large, electric breast pumps, like the ones used in special care baby units, available to hire.

Contact Caroline on 0844 243 6327.

Valley Cushion

The Valley Cushion is an aid for women who experience pain sitting after childbirth, available to hire.

Contact Claire on 01962 885670.

Nappy Library

We have a selection of donated nappies - different brands and sizes for you to road test and discover that real nappies can fit in with normal life.

Nearly New Sale

The cost of kitting out your child for the first five years can run into thousands of pounds so NCT Nearly New Sales are the perfect solution – high street quality prams, toys, equipment and clothes at knock down prices.

Our sales are twice-yearly in the Spring and the Autumn and are always very popular.

Members can enter the sale early, as can volunteers.

Join the Branch Team

Many people don't realise that branch activities are operated by volunteers, usually parents with young children, who want to help other families. So if you want to give something back, or are finding the daily grind of parenthood a little bit - dare we say it - samey, and want to do something that exercises your brain, revives a workplace skill, or then why not volunteer?

You can spend as much or as little time as you want, and there are always lots of opportunities: some mundane but essential; some that add sparkle to a CV:

- ◆ Baking a cake for us to sell
- ◆ Helping at a Nearly New Sale
- ◆ Holding a Coffee morning
- ◆ Organising a fundraising event

If you feel that you want to support NCT to provide parents with a better experience of pregnancy, birth and early parenthood please contact honorarysecretary@winchester-nct.org.uk.