

## Bumps & Babes / Open House Hosts

Gayle	Glenholt	01752 249405 / 07772 295649	Henry 4yrs & George 3yrs
Angela	Woolwell	01752 695873 / 07737 996359	Millie 4yrs, Lucy 2 years & Evie 7 months
Caroline	Tavistock	07919 925117	Eoin 7 months
Lara	Tavistock	01822 617012 / 07817 105101	Sophie 2 years

**Open Houses** - All welcome at these get togethers.

**Bumps & Babes** - Primarily for mums-to-be & babies/toddlers under 18 months.

Please telephone before setting off to check that the event is still on and for directions. Most attendees choose to give a small donation (e.g. £1) to the NCT via the host. If you are interested in hosting either type of event, please contact Gayle or Amanda.



# Bumps & Babes

Upstairs at Ivybridge Methodist Church  
Tuesday morning 10 - 11:30am

All mums-to-be and babies  
up to 18 months/walking welcome

Meet for a chat and a play

Contact Emma on  
01752 690799

suggested donation of £1 per family

## Branch Contacts - Plymouth & West Devon 398

General Enquiries	0844 243 6242	
Email:	nctplymouthandwestdevon@yahoo.co.uk	
Treasurer	Natasha Wilson	01752 768256
Membership Secretary	Amanda Beck	0844 243 6242
Antenatal Bookings	Sarah Baker	0844 243 6950
Email:	bookings3a@nct.org.uk	
Maternity Services Liaison Committee	Gitte Lindberg	01752 881259
Parent Support Coordinator	Gayle Roberts	0844 243 6242
Breast Pump Agent	Angela Greenslade	0844 243 6242
Nearly New Sale email:	plymouthnns@yahoo.co.uk	
Magazine Editors	Gayle Roberts & Amanda Beck	
Advertising Coordinator	Beccy Skuse	0844 243 6242
Email:	plymouthnctnewsletter@yahoo.co.uk	

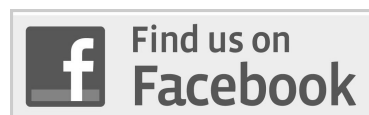
### Local Area Contacts—phone your nearest contact for information

Plymouth	Gayle Roberts	01752 249405
Tavistock	Amanda Beck	01822 855662
Ivybridge	Emma Prowse	01752 690799

### NATIONAL

NCT Enquiry Line	0300 33 00 770
Breastfeeding Helpline	0300 33 00 771
Postnatal Line	0300 33 00 773
Pregnancy & Birth Line	0300 33 00 772

[www.nct.org.uk](http://www.nct.org.uk) for useful information for pregnant women and parents. See [www.nct.org.uk/plymouth](http://www.nct.org.uk/plymouth) for local branch information. To join the NCT, please visit [www.nct.org.uk/support-us/join](http://www.nct.org.uk/support-us/join).



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## What shall we do today?

DATE	TIME	EVENT DETAILS	HOST	AREA
<b>DECEMBER</b>				
Fri 2 <sup>nd</sup>	2:00-4:00pm	Bumps & Babes	Caroline	Tavistock
Mon 5 <sup>th</sup>	9.30-11.30am	Open House	Angela	Woolwell, Plymouth
<b>Wed 7<sup>th</sup></b>	<b>8:30pm</b>	<b>ANNUAL MEMBERS' MEETING All Welcome</b>	<b>NCT</b>	<b>Derriford Health &amp; Leisure Centre, Plymouth</b>
Tues 13 <sup>th</sup>	2.00-4.00pm	Open House	Lara	Whitchurch, Tavistock
<b>Tues 13<sup>th</sup></b>	<b>8:00pm</b>	<b>Mums' &amp; Bumps' Night out 'American Supper'</b>	<b>Gayle</b>	<b>Glenholt, Plymouth</b>
Wed 14 <sup>th</sup>	9.30-11.30am	Open House	Gayle	Glenholt, Plymouth
Mon 19 <sup>th</sup>	9.30-11.30am	Open House	Angela	Woolwell, Plymouth

**WATCH OUT FOR A NEW NCT TODDLER GROUP STARTING IN 2012 IN THE PLYMOUTH AREA  
KEEP AN EYE ON OUR FACEBOOK PAGE FOR FURTHER DETAILS REGARDING, DAY, TIME AND LOCATION**

<b>JANUARY 2012</b>				
<b>Wed 11<sup>th</sup></b>	<b>8:00pm</b>	<b>Mums' &amp; Bumps' Night out</b>	<b>Gayle/Amanda</b>	<b>TBA – call for details</b>
Mon 9 <sup>th</sup>	9.30-11.30am	Open House	Angela	Woolwell, Plymouth
Mon 23 <sup>rd</sup>	9.30-11.30am	Open House	Angela	Woolwell, Plymouth
Tues 24 <sup>th</sup>	2:00-4:00pm	Bumps & Babes	Caroline	Tavistock

<b>FEBRUARY</b>				
<b>Thurs 2<sup>nd</sup></b>	<b>8:00pm</b>	<b>Mums' &amp; Bumps' Night out</b>	<b>Gayle/Amanda</b>	<b>TBA – call for details</b>
Mon 6 <sup>th</sup>	9.30-11.30am	Open House	Angela	Woolwell, Plymouth
Tues 7 <sup>th</sup>	2:00-4:00pm	Bumps & Babes	Caroline	Tavistock
Mon 20 <sup>th</sup>	9.30-11.30am	Open House	Angela	Woolwell, Plymouth
Tues 21 <sup>st</sup>	2.00-4.00pm	Open House	Lara	Whitchurch, Tavistock

<b>MARCH</b>				
Mon 5 <sup>th</sup>	9.30-11.30am	Open House	Angela	Woolwell, Plymouth
Tues 6 <sup>th</sup>	2:00-4:00pm	Bumps & Babes	Caroline	Tavistock
<b>Wed 7<sup>th</sup></b>	<b>8:00pm</b>	<b>Mums' &amp; Bumps' Night out</b>	<b>Gayle/Amanda</b>	<b>TBA – call for details</b>
<b>Sat 17<sup>th</sup></b>	<b>10:00am</b>	<b>NEARLY NEW SALE</b>	<b>NCT</b>	<b>Derriford Health &amp; Leisure Centre, Plymouth</b>
Mon 19 <sup>th</sup>	9.30-11.30am	Open House	Angela	Woolwell, Plymouth

**Don't forget The Bumps & Babes Group in Ivybridge on Tuesday mornings, 10—11:30am. See overleaf for full details.**

For full host details see reverse of this pull out section. Please phone the host before setting off to check the event is still on.

PULL OUT AND KEEP

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