

Did you know the NCT has a breastfeeding helpline?

You can call 0870 444 8708 7 days a week, 8am to 10pm, if you have any questions or problems related to breastfeeding, and someone will be able to help you.

When you ring the breastfeeding line, the system routes your call to the nearest available counsellor to Leighton Buzzard and villages.

If your call is not answered after trying up to three counsellors, you will be put through to a duty counsellor who could be located anywhere in the country.

Counsellors are available to talk to you about any aspect of infant feeding, including bottle feeding and weaning.

Approximately 30,000 people take advantage of this service each year, so please do not hesitate to contact them.

Also, did you know you can hire breast pumps from our branch of the NCT?

Please call Helen on 0870 421 4365 and she will be happy to provide further information.