



Supporting you to become the parent you want to be

*Antenatal Classes
Antenatal Yoga Exercise*

*Valley Cushion
& Breast Pump Hire*

*Crawlers & Explorers
Bumps and Babes™
Working Bumps
Café Bambino*

*Nearly New Sales
Local Branch Newsletters
Under 5's Guide to West Berkshire*

*Breastfeeding Help
Postnatal Support
Early Days Phone Line
Shared Experience Helpline*

Run by local parents, we offer support, information and friendship to new parents and parents-to-be. Newbury & District NCT Branch encompasses West Berkshire from Hungerford and Lambourn in the west to the borders of Reading in the east, the Downlands villages in the north, the Cleres in the south and everywhere in between. You don't have to be a member to come along to any of our events, meetings or groups - just come and see!

www.nct.org.uk/in-your-area/newbury

Contact us:

info@newburynct.org

Branch information line 0844 243 6215.

Antenatal and postnatal courses bookings 5s@nct.org.uk & 0844 243 6884

Newbury & District webpage www.nct.org.uk/in-your-area/newbury