BABIES report from 1st May 2013 - 30th April 2014

Most weeks there are two breastfeeding counsellors present for 3 hours and one breastfeeding counsellor for 1.5 hours. We are usually supported by one of a team of wonderful mum helpers.

If this is, or has been you, a huge thank-you from nct Winchester for this invaluable service.

**433 visits** were made to the room by **232 different women**.

30 of these women first came whilst they were pregnant, some introduced by their health visitor, at a health visitor antenatal appointment.

14 of the pregnant women returned some weeks or even months later and on one occasion, over a year later, to seek assistance or answers to questions.

No mother accessing the service reported having a disability.

We supported 2 mothers describing themselves as lone parents.

**nct membership:**

99 attendees were nct members

128 were not

5 did not offer this information

**Ethnicity:**

Asian or Asian British: Indian 2

Asian or Asian British: Pakistani 4

Black or Black British:Caribbean 1

Chinese 1

Mixed: White and Black Caribbean 1

Other 1

White British 188

White irish 3

White other 13

Information not offered 18

**Women found out about us from several different people:**

nct classes 103

midwife 35

other 32

health visitor 28

friend 15

Children’s centre 13

information not offered 5

GP 1

**The age profile of women attending was as follows:**

(21-25) 6

(26-30) 39

(31-35) 108

(36-40) 59

(41-46) 15

(46-50) 2

**G.P Surgery:**

St.Pauls 71

Friarsgate 56

St. Clements 35

Other 20

Twyford 15

Alresford 13

Gratton 12

Information not given 7

Stokewood 2

Brownhill 1

**Place of birth:**

RHCH 164

Information not given 22

Home 13

Basingstoke 5

A London hospital 3

Southampton 3

Andover birth centre 1

Bath 1

Dublin 1

Guildford 1

Portsmouth 1

U.S.A 1

**Postnatal visits, of the 216 mothers that visited with their baby;**

75 first came when their baby was 1 week

45 first came when their baby was 2 weeks

36 first came when their baby was 3 weeks

27 first came when their baby was 4 weeks

10 first came when their baby was 5-6 weeks

2 first came when their baby was 7-8 weeks

2 first came when their baby was 9-10 weeks

1 first came when their baby was 11-12 weeks

18 first came when their baby was over 12 weeks

**Primary Reason for visiting the room postnatally:**

General feeding support 100

Feeding technique 38

Soreness 23

No reason offered 10

milk supply 9

tongue tie 8

get baby on breast 6

mastitis 6

weaning off the breast 5

expressing 2

frequency of feeding 2

nipple shields 2

reducing formula 2

concern about weight 1

somewhere to feed 1

thrush 1

**Feeding method week one of baby’s life:**

100% breastfeeding 122

breast, expressed milk and formula 40

breast and formula 19

information not offered 16

breast and expressed milk 10

expressed and formula 7

expressed breastmilk only 1

**Feeding method on first postnatal visit to BABIES:**

100% breastfeeding 145

breast, expressed breastmilk and formula 23

breast and formula 21

breast and expressed milk 13

information not offered 7

expressed and formula 5

breastmilk and solids 1

expressed breastmilk only 1

formula only 1

Our annual questionnaire was sent out between July and August 2014. We tried to contact all women who had visited the room with their babies. This number was 216, some emails bounced, some were not answered, we opted to post questionnaires to this group. In total we gained feedback from 117 women.

Excerpts from the feedback are still being collated and will be shared in the next edition.