**Case study Walsall Manor Hospital April-2013 to June 2013**

**Who we worked with**

Walsall Healthcare NHS Trust, Walsall Manor Hospital, Walsall West Midlands.

**NCT delivered**

Pregnancy Birth and Beyond’ Refresher Course for multiprimis and Young Parents courses.

**Key findings**

* Respondents found the courses to be ‘excellent’ (80%) or ‘very good’ (20%).
* Respondents across all courses felt the course had provided them with more confidence about antenatal topics in general and life with a new baby than they had before the course (79%).

**What they said about the courses**

*“I liked practising nappy changing and bathing. It’s good to have a go before doing it for real”*

 *“The class was fun and the teacher was nice. I could ask her any question I wanted to and she didn’t look down at me.”*

*“I might think about breastfeeding now.”*

*“I liked the small group. We all had lots of attention and the class went at our speed.”*

**Getting started**

Setting up parent education courses with NCT is simple. Just email us with your contact details and one of our advisers will get in touch.

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